

Counselors' Corner

January 2025

Quarter 3 Happenings

January 23: FSCJ Campus Tour
January 28 & 30: Guidance Department Presentations
February: Course Registration
February 14: FCTC DE Application Deadline
February 25: ACT for Juniors

Guidance Department Presentations: Join the PVHS Guidance Department for information on upcoming course registration.

Rising 10th & 11th: January 28th
Rising 12th: January 30th
Auditorium from 6-7 p.m.

School Counselors

Courtney Derisse
Last Names: A-Eo

Kimberly Grillo
Last Names: Ep-Le

Karin Ngai-Crim
Last Names: Li-Ri

Heather Ketterer
Last Names: Ro-Z



Freshmen

Congratulations! You received your first high school academic transcript and GPA! What's next:

1. **Set new academic goals.** Are there areas you can improve in such as better study habits, time management, or your communication with teachers?
2. **Review your high school transcript** before selecting courses for the upcoming school year. Consider challenging yourself and being realistic in your educational goals.
3. **Meet with your counselor to prepare for next year.** Your counselor can help you plan for next year and select 10th grade courses that best fit your goals. Common questions to ask:
 - What courses do you recommend if I plan on going to college, trade school, military, or workforce?
 - Which elective courses do you recommend?
 - Which honors or AP courses should I consider taking?

Sophomores

As we enter Quarter 3, sophomores should be focusing on improving their study skills, accessing campus supports if needed, and building their extracurricular resume.

- Registration for classes will begin in early February for Sophomores. Review your transcript and select courses thoughtfully, balancing rigor with non-academic demands. Make an appointment to meet with your Counselor if you'd like to review your course selections.
- Sophomores are currently doing their midyear FAST testing during their English classes. FAST scores should post to student HAC accounts within one week of the exam. If students are unable to view their scores, they can speak with our Testing Coordinator, Ms. Halter, in Room 202 in the Media Center.

Juniors

School Counselors presented in the US History classes in January. Students were given their early evaluation Bright Futures Transcripts and individual credit detail reports. Topics covered:

- requirements for Bright Futures such as the minimum GPA, testing requirements, and community service or paid work hours
- how to read the transcript and determine which classes are used to calculate the BF GPA
- completing their graduation requirement worksheet using the credit detail report
- discussion on strength of schedule for senior year
- scheduling academic planning conferences with their school counselor
- spring and summer planning including taking the ACT/SAT/CLT, working on personal essays, starting CommonApp

ACT is scheduled on campus for all 11th graders on February 25th

Seniors

Seniors are in their final semester of their high school career.

- **COLLEGE APPLICATIONS** - Most should be submitted or almost complete. If you have not started any applications, meet with your school counselor or Ms. Lee, college advisor, for help.
- **MID-YEAR TRANSCRIPTS** - If needed, request them through Xello.
- **FINANCIAL AID** - Apply to Bright Futures and FAFSA. Apply for scholarships.
- **FLVS** - Finish ALL classes by mid-April.
- Continue working hard because colleges review your final transcript.
- Check your class schoology page - stay up to date on graduation information.