

COVID-19 RESOURCES

A brief **BrainPop video** that helps to explain to the corona virus in simple terms:

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

News of the coronavirus COVID-19 is everywhere, from the front page of all the papers to the playground at school. Many parents are wondering how to bring up the epidemic in a way that will be reassuring and not make kids more worried than they already may be. Here is some advice Jamie Howard, PhD, Clinical Psychologist at the Child Mind Institute

<https://youtu.be/WhVad8ToCiU> (video)

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/> (written talking point)