

# Florida SB 1070 – “The Second Chance Act”

## *Overview for Student-Athletes and Families*

Florida Senate Bill 1070, known as the “**Second Chance Act**,” was created to help protect student-athletes from undetected heart conditions that can lead to sudden cardiac events during athletic participation. The law focuses on early detection, prevention, and student safety through required cardiovascular screening measures.

The legislation is intended to provide student-athletes with a “second chance” through proactive health screening and increased awareness of cardiac health concerns.

### **Mandatory ECG/EKG Screening**

The law requires student-athletes to complete cardiovascular screening requirements as part of athletic participation eligibility. These screenings are intended to help identify hidden heart conditions before participation in interscholastic athletics.

### **EL1 Physical Form Requirement**

All incoming 9th grade student-athletes and any athlete new to the Florida High School Athletic Association (FHSAA) must complete the EL1 Pre-Participation Physical Evaluation Form prior to participation in athletics.

### **Applies to Athletic Participation**

The requirements apply to all interscholastic athletic activities, including tryouts, practices, conditioning sessions, and contests or competitions.

### **Abnormal Results and Medical Clearance**

If a student-athlete receives an abnormal ECG/EKG result, the student may not participate in athletics until written medical clearance is provided by a qualified healthcare professional.

### **FHSAA Oversight**

The Florida High School Athletic Association (FHSAA) is responsible for establishing and enforcing policies and procedures related to implementation of the law statewide.

### **Focus on Student Safety**

The overall goal of the Second Chance Act is to promote early detection of heart conditions, increase awareness of cardiac health in athletics, and protect student-athletes during participation.

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**Ponte Vedra High School Athletics** is committed to supporting the health, safety, and well-being of all student-athletes. Additional information regarding implementation procedures, required forms, and screening opportunities will be shared with families as guidance from the FHSAA and school district becomes available.

**Protecting Hearts. Protecting Futures.**