



LET'S START THE CONVERSATION ABOUT MENTAL HEALTH

Your kid is stressed and you're worried about it, but you're having trouble starting the conversation you want to have with them.

Join us for an evening of open conversation on student stress and mental health with Gabrielle Magid, Founder & Executive Director of Stronger Than Stigma[®], a nonprofit that focuses on mental health advocacy for millennials. She will share insight into the stresses of high school students and how best to support them along the way. Not too far removed from her own student experiences, her approach appeals to parents and students alike.

Encouraging your student to reach out for help is the most important thing you can do. We will also hear from a St. Johns County District Social Worker about mental health resources available in our community.

Open to Parents and Students



HOSTED BY PVHS PTO
TUESDAY, NOVEMBER 27TH
7:00PM PVHS AUDITORIUM